

11th-12th Grade Winter Retreat

Information Guide

February 2-3, 2024

Where: Verdugo Pines Bible Camp, 22400 Big Pines Hwy, Valyermo, CA, 93563

How to Register: The cost is \$135 per person, which includes Friday dinner through Saturday lunch, lodging, and activities. **A non-refundable \$50 deposit and the registration/medical release forms are due by Friday, January 19**, to secure your spot. Final payments are due by January 31.

You can register and pay online at lanasterbaptist.org/winterretreat or in Teen Bible Study on Wednesday nights. Forms can be turned in at Teen Bible Study or emailed to studentministries@lanasterbaptist.org.

What to Wear: We want to send the right message as a youth group in both our behavior and our dress. What we wear should honor Jesus, and should also be appropriate for the environment or activity we're participating in.

Dress for the bus ride there, dinner, and evening service is "nice casual." For girls, this would mean skirts or dresses (knee length or longer), and for guys nicer jeans or chinos and a polo or button down shirt. Dress for the rest of the retreat is "casual."

Temperatures in the mountains average 20 to 30 degrees colder than the cities. The best choice is layered clothing that can be added or removed as the weather changes. Be sure to include warm gloves, and a hat or beanie.

What to Bring: Bible, pen, flashlight, bedding, pillow, overnight clothes, bath articles, towel, cold-weather clothing and accessories, a good attitude, and a soft heart

What Not to Bring: Headphones, anything illegal, any type of weapon, pranks, a bad attitude, or foul language

Basic Schedule:**Friday, February 2**

3:30 p.m. Meet in Choir Room
4:00 p.m. Leave for camp
5:30 p.m. Orientation
6:30 p.m. Dinner
7:30 p.m. Evening Service
9:00 p.m. Games/Refreshments
Midnight Return to Cabins

Saturday, February 3

9:30 a.m. Breakfast/Devotion
10:30 a.m. Hiking/Camp Activities
12:45 p.m. Lunch
1:30 p.m. Pack/Load Buses
3:00 p.m. Arrive at Church

Contact:

Verdugo Pines Bible Camp	760-249-3532
Larry Chappell	661-917-9830, larry.chappell@lancasterbaptist.org
Trevor Linder	661-350-5951, trevor.linder@lancasterbaptist.org

Note: Cell phone reception at the camp is very poor. The best way to communicate would be through email or the camp number listed above.

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Registration & Medical Release Form

Name: _____ Male _____ Female _____

Address: _____

City: _____ State: _____ Zip: _____

Age: _____ Grade: _____ Date of Birth: _____

HEALTH INFORMATION

In case of emergency notify: _____ Relationship: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____

Please explain any physical or medical conditions, **food allergies** or dietary restrictions and indicate the nature and extent: _____

Any medications being taken on this trip? _____

Is your child allergic to any medications? _____

May your child be given Tylenol? _____ Pepto Bismol? _____ Aspirin? _____ Cough drops? _____

In case of an emergency, I hereby give permission to the physician selected by the Lancaster Baptist Church Youth Leader to hospitalize, secure proper treatment for, and to order injection, anesthesia or surgery for my child as named above. It is understood that the church and doctor will make every effort to contact the parent/guardian of the child before treatment. I hereby release Lancaster Baptist Church and Verdugo Pines Bible Camp of all liability.

Parent or Guardian Signature

Date