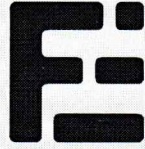


Wed Night



FRESH ENCOUNTER

LIFT UP YOUR SOUL

MARCH 12, 2025 | NATHAN BIRT

"Unto thee, O LORD, do I lift up my soul. 2 O my God, I trust in thee: let me not be ashamed, Let not mine enemies triumph over me. 3 Yea, let none that wait on thee be ashamed: Let them be ashamed which transgress without cause. 4 Shew me thy ways, O LORD; teach me thy paths. 5 Lead me in thy truth, and teach me: For thou art the God of my salvation; On thee do I wait all the day. 6 Remember, O LORD, thy tender mercies and thy lovingkindnesses; For they have been ever of old. 7 Remember not the sins of my youth, nor my transgressions: According to thy mercy remember thou me For thy goodness' sake, O LORD. 8 Good and upright is the LORD: Therefore will he teach sinners in the way. 9 The meek will he guide in judgment: And the meek will he teach his way. 10 All the paths of the LORD are mercy and truth Unto such as keep his covenant and his testimonies. 11 For thy name's sake, O LORD, Pardon mine iniquity; for it is great. 12 What man is he that feareth the LORD? Him shall he teach in the way that he shall choose. 13 His soul shall dwell at ease; And his seed shall inherit the earth. 14 The secret of the LORD is with them that fear him; And he will shew them his covenant. 15 Mine eyes are ever toward the LORD; For he shall pluck my feet out of the net. 16 Turn thee unto me, and have mercy upon me; For I am desolate and afflicted. 17 The troubles of my heart are enlarged: O bring thou me out of my distresses. 18 Look upon mine affliction and my pain; And forgive all my sins. 19 Consider mine enemies; for they are many; And they hate me with cruel hatred. 20 O keep my soul, and deliver me: Let me not be ashamed; for I put my trust in thee. 21 Let integrity and uprightness preserve me; For I wait on thee. 22 Redeem Israel, O God, out of all his troubles." (Psalm 25:1-22)

INTRODUCTION

- Psalm of David
- Acrostic psalm - Hebrew poetic form where each line begins with Hebrew letter in alphabet
- * Example = Ps 119
- David's trust was in the Lord in every stage of his life

"He that hath clean hands, and a pure heart; Who hath not lifted up his soul unto vanity, Nor sworn deceitfully." (Psalm 24:4)

Stanza 1A: Verses 1-5 = Trust

Stanza 2A: Verses 6-7 = Tenderness

Stanza 3A: Verses 8-10 = Teachings

Stanza 2B: Verse 11 = Tenderness

Stanza 3B: Verses 12-14 = Teachings

Stanza 1B: Verses 15-21 = Trust

1. LIFT UP YOUR SOUL IN Trust

(v. 1-5; 15-21)

A. Trusting is waiting

"Cause me to hear thy lovingkindness in the morning; For in thee do I trust: Cause me to know the way wherein I should walk; For I lift up my soul unto thee." (Psalm 143:8)

B. Trusting is confidence in God

belief

"THERE was a man in the land of Uz, whose name was Job; and that man was perfect and upright, and one that feared God, and eschewed evil." (Job 1:1)

unbelief

"Then came the Jews round about him, and said unto him, How long dost thou make us to doubt? If thou be the Christ, tell us plainly." (John 10:24)

2. LIFT UP YOUR SOUL IN Tenderness

(v. 6-7; 11)

"Be merciful unto me, O Lord: For I cry unto thee daily. 4 Rejoice the soul of thy servant: For unto thee, O Lord, do I lift up my soul. 5 For thou, Lord, art good, and ready to forgive; And plenteous in mercy unto all them that call upon thee." (Psalm 86:3-5)

tender
mercies
&
forgiveness

"And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul." (Genesis 2:7)

3. LIFT UP YOUR SOUL IN Teachings

(v. 8-10; 12-14)

Quote: "I could not endure any longer the wickedness of the blinded peoples of Italy. Virtue I saw despised everywhere and vices exalted and held in honor. With great warmth of heart, I made daily a short prayer to God that He might release me from this vale of tears. 'Make known to me the way,' I cried, 'the way in which I should walk for I lift up my soul unto Thee,' and God in His infinite mercy showed me the way, unworthy as I am of such distinguishing grace."—**Girolamo Savonarola**

Quote: "The man who is born for heaven 'hath not lifted up his soul unto vanity.' All men have their joys, by which their souls are lifted up; the worldling lifts up his soul in carnal delights, which are mere empty vanities; but the saint loves more substantial things; like Jehoshaphat, he is lifted up in the ways of the Lord. He who is content with husks, will be reckoned with the swine. Does the world satisfy thee? Then thou hast thy reward and portion in this life; make much of it, for thou shalt know no other joy."

—**Charles Spurgeon**

"But his delight is in the law of the LORD; And in his law doth he meditate day and night." (Psalm 1:2)

"I delight to do thy will, O my God: Yea, thy law is within my heart." (Psalm 40:8)

CONCLUSION

Quote: "Thus the soul, being lifted up to God, returns to the enjoyment of itself. Wherever we are, we have liberty to draw near to God, and may find a way open to the throne of grace. And that which separates us from other comforts, should drive us nearer to God, the fountain of all comfort. Though the heart is overwhelmed, yet it may be lifted up to God in prayer."—**Matthew Henry**

"Set your affection on things above, not on things on the earth." (Colossians 3:2)

PRAYER LIST

CHURCH PRAYER REQUESTS

Pastor and Family

Leadership Team and Ministry Staff

CAMPUS DEVELOPMENT

Worship Center Remodel

College Dining Facility

SPECIAL REQUESTS

President Trump

Laborers for the Harvest

Armed Forces

Law Enforcement

Firefighters

Medical Personnel



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