



ONE ANOTHER

SUNDAY MORNING, OCTOBER 7, 2018

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TITLE: FORGIVING ONE ANOTHER

“Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice: 32 And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ’s sake hath forgiven you.” (Ephesians 4:31-32)

INTRODUCTION _____

Quote: “Forgiveness is me giving up my right to hurt you for hurting me.”

Effects of a Non-Forgiving Heart

- Bring anger and bitterness into every relationship and new experience
- Become so wrapped up in the wrong that you can’t enjoy the present
- Become depressed or anxious
- Feel that your life lacks meaning or purpose, or that your faith is failing
- Lose valuable and enriching connectedness with others

1. Our Need to _____ Forgiveness

A. _____

FOR HIDDEN SINS

Quote: “Anger may be handled wrongly in either one of two ways: blowing up or clamming up.”—**Jay E. Adams**

FOR HATEFUL SINS

Definition: *wrath*— passion, heat, fierce rage

Definition: *anger*—blowing up violent emotion

Quote: “Anger is never without a reason, but seldom with a good one.”—**Benjamin Franklin**

Definition: *clamour*—a crying, outcry, a noisy complaint

Definition: *evil speaking*—slander, detraction, words which harm another’s good name

B. _____

“For all have sinned, and come short of the glory of God;”
(Romans 3:23)

“For if, when we were enemies, we were reconciled to God by the death of his Son, much more, being reconciled, we shall be saved by his life.”
(Romans 5:10)

Definition: *reconciled*—to call back into union and friendship. To be brought into friendship from a state of disagreement or enmity.

2. Our Need to _____ Forgiveness

A. Because God Calls Us to _____

Quote: “We are either score keepers or grace givers.”

“Dearly beloved, avenge not yourselves, but rather give place unto wrath: for it is written, Vengeance is mine; I will repay, saith the Lord. 21 Be not overcome of evil, but overcome evil with good.”
(Romans 12:19, 21)

Quote: “When you forgive, you set two people free, and one of them is yourself!”

“Then came Peter to him, and said, Lord, how oft shall my brother sin against me, and I forgive him? till seven times? 22 Jesus saith unto him, I say not unto thee, Until seven times: but, Until seventy times seven. “(Matthew 18:21–22)

B. Because Forgiveness Brings _____

“And they sent a messenger unto Joseph, saying, Thy father did command before he died, saying, 17 So shall ye say unto Joseph, Forgive, I pray thee now, the trespass of thy brethren, and their sin; for they did unto thee evil: and now, we pray thee, forgive the trespass of the servants of the God of thy father. And Joseph wept when they spake unto him. 20 But as for you, ye thought evil against me; but God meant it unto good, to bring to pass, as it is this day, to save much people alive.” (Genesis 50:16, 17, 20)

Benefits of Giving Forgiveness By Mayo Clinic

- Healthier relationships
- Improved mental health
- Less anxiety and stress
- Lower blood pressure
- Fewer depression symptoms
- A stronger immune system
- Improved heart health
- Improved self-esteem

C. Because God _____ Us to Forgive

Quote: “Whenever I see myself before God and realize something of what my blessed Lord has done for me at Calvary, I am ready to forgive anybody anything. I cannot withhold it. I do not even want to withhold it.”—**Martyn Lloyd-Jones**

“I write unto you, little children, because your sins are forgiven you for his name’s sake.” (1 John 2:12)

3. Our Way to _____ Forgiveness

A. From _____

“For thou, Lord, art good, and ready to forgive; And plenteous in mercy unto all them that call upon thee.” (Psalm 86:5)

B. Through _____

SIN SEPARATES

“But your iniquities have separated between you and your God, and your sins have hid his face from you, that he will not hear.” (Isaiah 59:2)

THE CROSS REDEEMS

“In whom we have redemption through his blood, the forgiveness of sins, according to the riches of his grace;” (Ephesians 1:7)

*“Forasmuch as ye know that ye were not redeemed with corruptible things, as silver and gold, from your vain conversation received by tradition from your fathers; 19 But with the precious blood of Christ, as of a lamb without blemish and without spot:”
(1 Peter 1:18-19)*

JESUS FORGIVES

“Then said Jesus, Father, forgive them; for they know not what they do.” (Luke 23:34)

CONCLUSION

“For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.” (Romans 6:23)

“Blessed is he whose transgression is forgiven, whose sin is covered.” (Psalm 32:1)

