

NATHAN BIRT | WEDNESDAY EVENING | JULY 3, 2019

## Title: Taming the Media Monster

"I have written unto you, fathers, because ye have known him that is from the beginning. I have written unto you, young men, because ye are strong, and the word of God abideth in you, and ye have overcome the wicked one. <sup>15</sup> Love not the world, neither the things that are in the world. If any man love the world, the love of the Father is not in him. <sup>16</sup> For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world. <sup>17</sup> And the world passeth away, and the lust thereof: but he that doeth the will of God abideth for ever." (1 John 2:14–17)

| INTRODUCTION |  |  |  |  |  |
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"Dearly beloved, I beseech you as strangers and pilgrims, abstain from

"But put ye on the Lord Jesus Christ, and make not provision for the flesh,

"Teaching us that, denying ungodliness and worldly lusts, we should live soberly, righteously, and godly, in this present world;" (Titus 2:12)

fleshly lusts, which war against the soul;"(1 Peter 2:1)

to fulfil the lusts thereof." (Romans 13:14)



"This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh. For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would." (Galatians 5:16–17)

## Principles to Tame THE FLESH in Technology:

- Don't give in to the pressure. Most of this technology has only been around for a decade or less.
- Research apps, games, and gaming before purchasing.
- Play video games without Internet access and communication.
- Play outdoor games and board games with your family.
- Leave your phones in the car on family outings.
- Store phones in one spot during dinner and family time.
- Consider a family phone/tablet for the kids.

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"Incline my heart unto thy testimonies, and not to covetousness. Turn away mine eyes from beholding vanity; and quicken thou me in thy way." (Psalm 119:36)

"Labour not to be rich: cease from thine own wisdom. Wilt thou set thine eyes upon that which is not? for riches certainly make themselves wings; they fly away as an eagle toward heaven." (Proverbs 23:4-5)

## Principles to Tame YOUR EYES in Technology:

- No TV, phones, or internet access in your child's room. Use technology in high-traffic areas.
- Block Internet access with passwords.
- Consider VidAngel, which edits Netflix and Amazon Prime.
- No YouTube surfing.

- Use Pluggedin.com for parental guides.
- Use parental controls, Covenant Eyes, Circle, Qustodio.
- Teach your kids (and yourself) the three T's:
  - 1. Turn it off immediately.
  - 2. Tell your parents or spouse immediately.
  - 3. Talk about it immediately. (Questions with parents not friends)

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|     | he fear of the Lord is to hate evil: pride, and arrogancy, and the evil way,<br>nd the froward mouth, do I hate." (Proverbs 8:13) |
|     | nly by pride cometh contention: but with the well advised is wisdom."  Proverbs 13:10)  |
|     | ride goeth before destruction, and an haughty spirit before a fall."<br>Proverbs 16:18)   |
| P   | rinciples to Tame PRIDE in Technology:  |
| •   | Watch for overly negative posts and friends on social media.  |
| •   | Examine what you share and retweet.   |
| •   | Understand the temptations of virtual reality. Don't live your life on  |

social media, and don't live others lives on social media.

Turn your email alerts off your phone. Don't check email on days with family.

Watch what your kids share.

## CONCLUSION