

PASTOR PAUL CHAPPELL | SEPTEMBER 11, 2019

Title: Our Spiritual Health

"As he that taketh away a garment in cold weather, and as vinegar upon nitre, so is he that singeth songs to an heavy heart. ²¹ If thine enemy be hungry, give him bread to eat; and if he be thirsty, give him water to drink: ²² For thou shalt heap coals of fire upon his head, and the LORD shall reward thee. ²³ The north wind driveth away rain: so doth an angry countenance a backbiting tongue. ²⁴ It is better to dwell in the corner of the housetop, than with a brawling woman and in a wide house. ²⁵ As cold waters to a thirsty soul, so is good news from a far country. ²⁶ A righteous man falling down before the wicked is as a troubled fountain, and a corrupt spring." (Proverbs 25:20–26)

INTRODUCTION 1. Nurture with A. Comfort the Quote: "Compassion is your hurt in my heart." "Rejoice with them that do rejoice, and weep with them that weep." (Romans 12:15) "Blessed be God, even the Father of our Lord Jesus Christ, the Father of mercies, and the God of all comfort; "Who comforteth us in all our tribulation, that we may be able to comfort them which are in any trouble, by the comfort wherewith we ourselves are comforted of God." (2 Corinthians 1:3-4) B. Show Kindness to the

Quote: "So artists melt the sullen ore of lead, by heaping coals of fire upon its head: in the kind warmth the metal learns to glow, and pure from dross the silver runs below."—**Susanna Wesley**

"Dearly beloved, avenge not yourselves, but rather give place unto wrath: for it is written, Vengeance is mine; I will repay, saith the Lord. ²⁰ Therefore if thine enemy hunger, feed him; if he thirst, give him drink: for in so doing thou shalt heap coals of fire on his head. ²¹ Be not overcome of evil, but overcome evil with good." (Romans 13:19–21)

| 2. | Eliminate Divisive | | | | | | | | | | |
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| | A. | Sever | | | | | | | | | |

"He that hideth hatred with lying lips, and he that uttereth a slander, is a fool." (Proverbs 10:18)

Quote: "Slanders would not be so readily spoken, if they were not readily heard."—**Matthew Henry**

"Where no wood is, there the fire goeth out: so where there is no talebearer, the strife ceaseth." (Proverbs 26:20)

B. Cut Off_____

"The waters wear the stones: thou washest away the things which grow out of the dust of the earth; and thou destroyest the hope of man." (Job 14:19)

"A continual dropping in a very rainy day and a contentious woman are alike." (Proverbs 27:15)

3. Refresh with Good

A. Good News Satisfies a Thirsty

"But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life." (John 4:14)

"In the last day, that great day of the feast, Jesus stood and cried, saying, If any man thirst, let him come unto me, and drink."
(John 7:35)

B. Compromise Corrupts the _____

"And delivered just Lot, vexed with the filthy conversation of the wicked: 8 (For that righteous man dwelling among them, in seeing and hearing, vexed his righteous soul from day to day with their unlawful deeds;)" (2 Peter 2:7–8)

Quote: "In the midst of a generation screaming for answers, Christians are stuttering."—**Howard Hendricks**

"Ye are the salt of the earth: but if the salt have lost his savour, wherewith shall it be salted? it is thenceforth good for nothing, but to be cast out, and to be trodden under foot of men." (Matthew 5:13)

| CONCLUSION | |
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