

# **TITLE: Happiness Is Giving Thanks**

"O give thanks unto the LORD, for he is good: for his mercy endureth for ever. <sup>2</sup> Let the redeemed of the LORD say so, whom he hath redeemed from the hand of the enemy; <sup>3</sup> And gathered them out of the lands, from the east, and from the west, from the north, and from the south. <sup>4</sup> They wandered in the wilderness in a solitary way; they found no city to dwell in. <sup>5</sup> Hungry and thirsty, their soul fainted in them. <sup>6</sup> Then they cried unto the LORD in their trouble, and he delivered them out of their distresses. <sup>7</sup> And he led them forth by the right way, that they might go to a city of habitation. <sup>8</sup> Oh that men would praise the LORD for his goodness, and for his wonderful works to the children of men! <sup>9</sup> For he satisfieth the longing soul, and filleth the hungry soul with goodness." (Psalm 107:1–9)

# INTRODUCTION

"I will bless the Lord at all times: his praise shall continually be in my mouth.<sup>2</sup> My soul shall make her boast in the Lord: the humble shall hear thereof, and be glad." (Psalm 34:1-2)

"Make a joyful noise unto the LORD, all ye lands.<sup>2</sup> Serve the LORD with gladness: come before his presence with singing.<sup>3</sup> Know ye that the LORD he is God: it is he that hath made us, and not we ourselves; we are his people, and the sheep of his pasture.<sup>4</sup> Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name.<sup>5</sup> For the LORD is good; his mercy is everlasting; and his truth endureth to all generations." (Psalm 100:1-5)

**Quote:** "Happiness and unhappiness are in direct proportion to gratitude and ingratitude."

# 1. Give Thanks for His \_\_\_\_\_

A. His\_\_\_\_\_

"Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning." (James 1:17)

"He loveth righteousness and judgment: the earth is full of the goodness of the LORD." (Psalm 33:5)

**Quote:** "Gratitude is an offering precious in the sight of God, and it is one that the poorest of us can make and be not poorer but richer for having made it."—**A.W. Tozer** 

# B. His \_\_\_\_\_

"Many sorrows shall be to the wicked: but he that trusteth in the LORD, mercy shall compass him about.<sup>11</sup> Be glad in the LORD, and rejoice, ye righteous: and shout for joy, all ye that are upright in heart." (Psalm 32:10–11)

"It is of the LORD'S mercies that we are not consumed, because his compassions fail not.<sup>23</sup> They are new every morning: great is thy faithfulness." (Lamentations 3:22–23)

**Quote:** "When we bless God for mercies, we usually prolong them. When we bless God for miseries, we usually end them. Praise is the honey of life which a devout heart extracts from every bloom of providence and grace."—**C.H. Surgeon** 

# 2. Give Thanks for His

# A. He Redeemed \_\_\_\_

THEY WERE CAPTIVES

### THEY WERE WANDERERS

"He found him in a desert land, and in the waste howling wilderness; he led him about, he instructed him, he kept him as the apple of his eye. <sup>11</sup> As an eagle stirreth up her nest, fluttereth over her young, spreadeth abroad her wings, taketh them, beareth them on her wings: <sup>12</sup> So the LORD alone did lead him, and there was no strange god with him." (Deuteronomy 32:10-12)

#### THEY WERE NEEDY

"The people asked, and he brought quails, and satisfied them with the bread of heaven. <sup>41</sup> He opened the rock, and the waters gushed out; they ran in the dry places like a river. <sup>42</sup> For he remembered his holy promise, and Abraham his servant." (Psalm 105:40-42)

**Quote:** "To the Discontented man, no chair is easy." — **Benjamin Franklin** 

THEY WERE DELIVERED

# B. He Redeems His \_

"Take heed therefore unto yourselves, and to all the flock, over the which the Holy Ghost hath made you overseers, to feed the church of God, which he hath purchased with his own blood." (Acts 20:28)

#### WE WERE LOST

"For the Son of man is come to save that which was lost." (Matthew 18:11)

#### WE WERE HELPLESS

"I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing." (John 15:5)

### WE WERE DELIVERED

"And to wait for his Son from heaven, whom he raised from the dead, even Jesus, which delivered us from the wrath to come." (1 Thessalonians 1:10)

**Quote:** "It cost more to redeem us than to create us. In creation there was but 'speaking the word.' In redeeming us, there was 'shedding the blood."—**Thomas Watson** 

# 3. Give Thanks for His

"Come unto me, all ye that labour and are heavy laden, and I will give you rest. <sup>29</sup> Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls." (Matthew 11:28-29)

# A. He the Soul

"And I will satiate the soul of the priests with fatness, and my people shall be satisfied with my goodness, saith the LORD." (Jeremiah 31:14)

"And if thou draw out thy soul to the hungry, and satisfy the afflicted soul; then shall thy light rise in obscurity, and thy darkness be as the noonday: <sup>11</sup> And the LORD shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not." (Isaiah 58:10-11)

"For which cause we faint not; but though our outward man perish, yet the inward man is renewed day by day." (2 Corinthians 4:16)

B. He the Soul

"Blessed are they which do hunger and thirst after righteousness: for they shall be filled." (Matthew 5:6)

"Now the God of hope fill you with all joy and peace in believing, that ye may abound in hope, through the power of the Holy Ghost." (Romans 15:13)

# CONCLUSION

